



SOGGY BOTTOM FARM SHARE APPLICATION FORM

To sign up for the upcoming season please fill out this form and send it to

Backyard Harvest | Soggy Bottom Farms
PO Box 9783 | Moscow, ID 83843

We will then notify you of your acceptance and arrange a payment or volunteer plan that meets your needs.

Name | _____

Address | _____

Phone | _____

E-mail | _____

Alternate Pick-up People | _____

I understand that signing up for a CSA share is a commitment to sharing this season with the farm—and all the risks that growing brings with it. Since harvests are not always predictable, I, as a CSA member, agree to accept what comes my way week to week.
(Since being suprised is half the fun!)

Signature | _____

Date | _____



REDUCED-PRICE SHARE

(Pay \$5 week [SNAP benefits accepted] and receive a weekly share of fresh, sustainably grown fruits, veggies & eggs in return)



WORK SHARE

(Volunteer 5 hrs a month for Backyard Harvest and receive a weekly share of fresh, sustainably grown fruits, veggies & eggs in return)

SOME CHOICES!



fresh egg shares (as available)

- 1 dozen per week (\$2 doz)
- 1/2 dozen per week (\$1 doz)

wednesday pick-up locations

- Moscow | 933 E. 7th St. (on bus route) | 4-7pm
- Pullman | Pullman Farmer's Market | 4-6pm

home delivery (moscow + pullman)

- available for seniors and others facing significant challenges to picking up their shares. We will contact you to discuss the possibilities.

For more information contact
Marci at outreach@backyardharvest.org
or 208.596.6304



FARM

+ backyard harvest*



growing together to
help feed the palouse

FARM shares now available!
Receive weekly boxes of
fresh veggies, fruit + eggs,
at reduced cost or
in exchange for volunteering!

This program was funded in part by a grant from the
Community Foundation at Inland Northwest Community Foundation

SO HOW DOES IT WORK?

Community Supported Agriculture (CSA) is based on a partnership between the farmer that grows the food and the person who eats it. At Soggy Bottom Farms we are eager for everyone in our community to be able to enter into such a partnership and eat fresh, locally-grown fruits, vegetables & eggs. That's why we have created several affordable options for our farm shares, including:

WORK SHARES

Volunteer at least five hours a month with Backyard Harvest and receive a weekly box of produce in exchange. There are lots of different volunteer opportunities from helping BYH staff pick cherries in July to helping them prepare their annual mailing in October. We will help you work out times and activities that work with your schedule and interests.

REDUCED COST SHARES

Purchase a reduced cost weekly share of produce. Use your SNAP benefits or cash and pay \$5 a week for 25 weeks.

With either plan, starting in late May you will be able to come and pick-up your weekly farm share in either Pullman or Moscow. This will continue for 25 weeks until the snow and cold finally brings the season to a close.

To qualify just show us your Quest card or ID demonstrating that you are 65 years or older. We will also ask that you make a commitment to participate in the program for the entire season.

WHAT CAN I EXPECT?

The content of the weekly shares will vary with the change in season, but here is what we promise week in and week out:

—Soggy Bottom Farm is dedicated to delivering freshly picked produce that is grown using sustainable, chemical-free growing methods that meet and beat USDA organic standards.

—This season we plan to cultivate several different varieties of the following vegetables. Some will be familiar, some may be new, but all will be harvested at the peak of ripeness, and picked just before you receive them.

Basil	Leeks
Beets	Lettuce
Bok choy	Mizuna
Braising Mix	Napa Cabbage
Broccoli	Onions
Broccoli Raab	Peas
Cabbage	Peppers
Carrots	Potatoes
Cauliflower	Pumpkins
Chard	Radishes
Cherry Tomatoes	Spinach
Cilantro	Summer squash
Corn	Tomatoes
Cucumbers	Turnips
Kale	Winter squash

—We also promise to include some unexpected treats like fresh raspberries, bundles of newly cut sunflowers and a periodic newsletter filled with tips and recipes.

ABOUT THE FARM

Soggy Bottom Farm is a 10-acre family-owned farm committed to producing sustainably grown vegetables, fruits, poultry and eggs. Located 3 miles east of Moscow, its mission is to provide fresh produce to families of all socio-economic levels who live here on the Palouse. By partnering with Backyard Harvest, Soggy Bottom Farms is able to provide reduced-cost and work shares to our neighbors struggling with the economic downturn.

Here are the people that will bring the Palouse all of this delicious food:

Claire Lichtenfels

Owner & Farm Manager

Claire lives at Soggy Bottom Farm with her husband Hal, four children and a myriad of animals. Drawing from years of personal gardening experience and CSA farming at the WSU Organic Farm, Claire brings a perfect mix of knowledge and commitment to Soggy Bottom's mission to provide everyone in our community with access to fresh local produce, regardless of income level.

Isaak Jule

Assistant Farm Manager

Isaak comes to Soggy Bottom Farm with two seasons of successful non-profit farming and four summers of study on Moscow's Affinity Farm. His burgeoning farm knowledge, innovative ideas and strong back ought to prove useful in the upcoming season.

Marci Miller

CSA Coordinator

Marci is completing her degree in Conservation Social Science at the University of Idaho. She served as the President and CSA Coordinator for UI's Soil Steward's program and is excited to continue sharing her knowledge of fresh produce with the community.